



# BEST SUMMER EVER™



## Galowich Family YMCA Summer Day Camp

### Welcome to Teen REACH Camp! (Responsibility, Education, Achievement, Caring & Hope)

Dear Parents and Campers:

Welcome to Teen REACH Summer Camp! We are glad that you have chosen our quality program to meet your needs this summer. There are many camps in this area and our staff will soon have the opportunity to prove to you that you made the right decision!

The Galowich Family YMCA Teen REACH Summer Camp is unlike any camp experience in the area. Our staff work year-round to prepare for a successful 10-week summer program for participants in our community. Many hours have been spent planning, preparing, and creating new program areas to give teens a summer camp experience with lasting memories.

This welcome packet was created with your concerns in mind. It is our hope that you find this packet useful in answering any questions that you and your child may have, as well as fully understanding the policies and procedures at the Galowich Family YMCA Teen REACH Summer Camp.

We are excited that summer is here, and look forward to a safe program full of activities with our campers. Again, welcome to the Galowich Family YMCA, and thank you for your commitment to our program. With your help, we now have the opportunity to build strong kids, strong families, and strong communities.

Sincerely,

Tori Dutkiewicz  
Teen REACH Director

#### YMCA Mission

The mission of the YMCA is to develop spirit, mind and body. We carry that mission out one child at a time. In keeping with YMCA principals, we believe a child's spiritual experience is vitally important in developing character.

#### Vision Statement

At the Greater Joliet Area YMCA, we are dedicated to fostering a culture that promotes the goals of accepting, respecting and valuing differences amongst all members, staff, volunteers and guests, and creates a welcoming environment to ensure the YMCA experience is inclusive and open to all.

**GALOWICH FAMILY YMCA**

(815) SAY-YMCA  
[www.jolietymca.org](http://www.jolietymca.org)





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### DAILY SCHEDULE EXAMPLE

\*Schedule may vary based on activities planned for the day or week

#### GRADES 6-8

7am-9am	Sign-in, Breakfast & Group Activities
9am-9:15am	Opening Ceremony
9:30am-10:10am	Activity 1
10:10am-10:50am	Activity 2
10:50am-11:10am	Morning Snack
11:10am-12pm	Activity 3
12pm-12:45pm	Lunch
12:45pm-1:15pm	Change for Swimming
1:15pm-2:15pm	Swimming
2:15pm-2:45pm	Change for Camp
2:45pm-3:15pm	Afternoon Snack
3:15pm-3:45pm	Activity 4
3:45pm-4:15pm	Activity 5
4:15pm-4:30pm	Closing Ceremony
4:30pm-6pm	Sign-Out & Group Activities

### WHAT TO BRING TO CAMP (AND WHAT SHOULD STAY HOME!)

The majority of our camp day is spent OUTSIDE! Please make sure to dress appropriately, and leave any unnecessary items at home.

#### BRING TO CAMP:

- Backpack (labeled with Camper's name)
- Cool, comfortable play clothes
- Gym shoes (no sandals or open toe shoes please!)
- Sunscreen (labeled with Camper's name)
- 2 Healthy snacks
- Water bottle (labeled with Camper's name)
- Swimsuit
- Towel

#### OPTIONAL ITEMS:

- Hat
- Sunglasses
- Goggles

#### ITEMS TO LEAVE AT HOME:

Electronics, cell phones, flip flops/open toe shoes, dressy clothes, jewelry, trading cards, toys, items of value  
The Galowich Family YMCA will not be responsible for items that are lost or stolen. Items in lost and found that are not claimed will be donated every 2 weeks.



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## Galowich Family YMCA Summer Day Camp

### GENERAL CAMP INFORMATION

#### Hours and Days of Operation:

The Galowich Family YMCA Teen REACH Day Camp begins at 7:00am and lasts until 6:00pm, Monday through Friday. The majority of our camp day is spent outside, please dress accordingly.

The Galowich Family YMCA offers 10 weeks of Summer Day Camp, as well as extended care. Camp dates are listed below:

Week #1: June 3-7

Week #2: June 10-14

Week #3: June 17-21

Week #4: June 24-28

Week # 5: July 1-5\*

\*No Camp on July 4, 2024

Week # 6: July 8-12

Week #7: July 15-19

Week #8: July 22-26

Week #9: July 29 - August 2

Week #10: August 5-9

- Pre and post-camp will be available to all campers. Pre-registration is required. Registration deadline is 48 hrs prior to the day off. **NO EXCEPTIONS WILL BE MADE.**  
2024 Pre-camp days: May 28-31 (Held at the Galowich Family YMCA)  
2024 Post-camp days: August 12, 13 (Held at the Galowich Family YMCA)

#### 2024 Galowich Family YMCA Camp Locations:

Joliet Junior College  
1215 Houbolt Rd.  
Joliet, IL 60431

Salvation Army Joliet Corps  
Community Center  
300 E Third Ave  
Joliet, IL 60433

#### About Our Staff:

We hire mature and enthusiastic staff to help us provide a quality, safe and enjoyable program for all involved. All staff are trained to work with children in a Summer Camp, as well as trained in CPR, First Aid & Child Abuse Prevention. A criminal background check and reference checks have been conducted, documented, and filed on all staff. The majority of our staff are college age and above, and have a passion for working with children.

#### Summer Camp T-Shirts:

All campers will receive one YMCA Day Camp Shirt that is to be worn on field trip days. Additional camp shirts are available to purchase for \$7 each.

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### GENERAL CAMP INFORMATION

#### Enrollment Forms:

Summer camp enrollment will take place online. Enrollment information will be kept confidential; only staff working with your child will have access to this information. If at any time your contact information or other information changes, please inform the Camp Director. If we do not have all required information, your child will not be able to sign in to our Summer Camp Program. Please note: our program is license exempt and is not regulated by DCFS.

#### Parent Communication:

Have a question about camp but don't know where to look? The following list is where we post our most updated information:

- Facebook & Instagram: Contains camp photos, Y news and any emergency information
- Galowich YMCA Website: [www.jolietymca.org](http://www.jolietymca.org)
- Weekly Camp Newsletter: Available on the Friday prior to the week of camp

#### Breakfast, Lunch and Snacks:

The YMCA Teen REACH Summer Day Camp provides a healthy breakfast and lunch every day. Please make sure appropriate snacks are sent with your camper every day. Please label your campers snack. We encourage the use of disposable containers for snack. Refrigerators and microwaves are not available for camper use.

**IMPORTANT:** The vending machines will be CLOSED to all campers for the summer. No child will be allowed to purchase snacks, soft drinks or soda unless otherwise noted from the Camp Directors or Managers.

#### Payment Information, Registration and Withdrawal Deadline:

The YMCA Teen REACH Summer Camp Program is available at no cost to teens entering grades 6-8 in Fall 2024. This program is made possible thanks to a generous Department of Human Services grant from the State of Illinois.

The registration deadline for any week of camp is the Monday prior to that week.

Withdrawal for any week of camp needs to be completed the **Monday** prior to the start date of the registered week.





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## Galowich Family YMCA Summer Day Camp

### POLICIES AND PROCEDURES

#### Medication at Camp:

Any medications given to a child during our Summer Camp Program must be in its original container. Our staff will only dispense prescription medication. We will not distribute medicine to control a fever or relieve pain. YMCA staff will not be allowed to give the first dosage of medicine to a child. If a child needs to take prescribed medication in our care, the parent must complete a Medication Authorization form. This information must also be listed on the enrollment form. For campers who have asthma, please be sure to send along an inhaler. Campers will be required to carry their own inhaler unless otherwise noted by a parent. Many children who have asthma know best when they need to use their inhaler, and will be supervised by a camp counselor. Please be very specific when giving us information regarding your child's medication, as each camper's health is important to us. For campers with allergies requiring epinephrine injections (EpiPen), the YMCA asks that parents provide the counselor with the device that can be carried in the First Aid kit at all times. Along with providing the EpiPen, we will need a Medication Authorization form describing ALL allergies.

#### Illness and Injury at Camp:

With each child's welfare in mind, we ask parents not to send a child to camp if he/she is sick or has a fever. We also ask that if a child has an injury that may affect their positive Summer Camp experience that parents do not send their child to camp. Campers are asked to participate in a wide variety of activities each day and if they are injured or ill, they may not feel up to or have the ability to take part in planned activities. If a child becomes ill or injured during camp hours, parents/guardians will be contacted and asked to pick up their child from the YMCA. In the event that we are unable to contact the parent or guardian, we will review the emergency contact information to locate one of your designees who can pick up the child.

A camper who has a fever at or above 100.4 degrees Fahrenheit or who is experiencing other symptoms of illness will be sent home. Parents should monitor his or her symptoms and consult a doctor if concerned about the symptoms.

A camper that has been sent home can return to camp when:

- He or she has had no fever for at least 24 hours without taking medication to reduce fever during that time; AND
- Any other symptoms are improving

A camper who experiences fever and/or respiratory symptoms while home should not return to camp.

If your child is injured at camp, the Camp Director will take whatever steps necessary to obtain emergency care, and try to make your child as comfortable as possible. We will then seek to contact the child's parent/guardian. Please update camp staff of any changes in contact information in the event we should have to contact you.

To keep everyone healthy and safe this summer, we will follow guidance from the Centers for Disease Control and Prevention (CDC) and local, state, and federal health officials.



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### Sunscreen:

In an effort to prevent sunburn at camp this summer, we have established the following procedures for the safety of your child.

- All campers must carry a bottle of sunscreen in their backpack, preferably the spray type so that Day Camp staff can help any campers with hard to reach areas. Camp staff will not apply "rub-on" sunscreen to any camper.
- Sunscreen will be applied three times daily
  - a. After opening ceremony
  - b. Mid-morning
  - c. After swim time
- Day camp staff will verify that all campers have applied sunscreen before moving into the activities as planned.
- Please LABEL your camper's sunscreen bottle.

### Camper Sign in/Sign out Procedures:

Summer camp offers curbside drop off and pick up. Between the hours of 7-9am, please proceed to the designated drop-off lane. Staff will be waiting for your arrival and will pass the sign in device through the window for the parent/guardian to sign in. Your camper will then get out of the vehicle to be escorted to their group.

For late drop offs after 9am and afternoon pick up, parents/guardians will proceed to the designated pick-up lane. Once parked, please send a text message to the camp site phone, alerting our staff to your arrival. The camp site phone number will be displayed on the camp parking space sign. Please include your name, your child's name and the parking spot number that you are in when sending your text. A staff member will then escort your child to your vehicle for sign out. Please have your PICTURE ID available to show to the camp staff. Please remain in your vehicle at all times unless your child needs assistance getting in/out of the vehicle.

- Campers must be signed in/out by a parent/guardian or an individual 16 years or older who is listed on the authorization form.
- All campers are encouraged to be signed in by 9:00am, as scheduled events typically begin after this time.
- A late fee will be charged for each occurrence that children are picked up late. Parents will be charged \$10 for every 15 minutes, per child. Late fees will be expected to be paid the next day. Repeated late pick-ups may result in removal from the summer camp program.
  - 1-15 minutes = \$10 per child
  - 16-30 minutes = \$20 per child
  - 31-45 minutes = \$30 per child



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### Sign In/Pick-up Locations:

Campers must be signed in/out by a parent/guardian or an individual 16 years or older who is listed on the authorization form. Parents/Guardians/authorized individuals will need to show a picture ID to pick up their camper.

### Salvation Army

Drop off and pick up is located at the gym door adjacent to the playground.

### Joliet Junior College

Drop off and pick up is located at Building EC (Athletic/Event Center). Upon entrance to the campus, go left and follow the signs to the Event Center.

### Early Pick-up:

If you are picking up your camper between 9am and 3pm, please understand that it may take our staff up to 15 minutes to bring a camper from her or his activity depending on their location/activity during that time. Once parked, please text the camp phone with your name and your child's name. Camp staff will confirm that your message has been received and will escort your child to your vehicle for the sign out process. Parents/Guardians will need to show a picture ID to pick up their camper.



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### SWIMMING AT CAMP

One of many campers' favorite time of the day is swimming! Campers will have the opportunity to enjoy swim time in our indoor pool at least once per week!

#### SWIMMING POOL SAFETY

\*ALL campers will be swim tested and must wear a color-coded wristband to utilize the pool. Campers that do not know how to swim will be fitted in a Coast Guard approved lifejacket.

#### SWIM TEST POLICY

**BLUE** Wristband Test – To earn a blue wristband, swimmers must jump into the deep end of the lap pool, tread water for 10 seconds, and swim to the shallow end using a horizontal swim stroke without stopping or needing assistance. Blue-banded camp swimmers are able to swim in the shallow and deep ends of the lap pool.

**YELLOW** Wristband Test – To earn a yellow wristband, swimmers must jump into the pool at the guard chair (6 foot mark) and swim to the shallow end without stopping or needing assistance. Yellow-banded camp swimmers can swim in the shallow end of the lap pool.

**RED** Wristbands – All campers who do not pass the blue or yellow swim tests will be issued a red wristband. Red swimmers who are less than 4ft. 6 inches must wear a lifejacket at all times.





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## Galowich Family YMCA Summer Day Camp

### YMCA Day Camp Behavior Management Guidelines

The Greater Joliet Area YMCA has a zero-tolerance policy for any sort of violent or disruptive behavior. We will not tolerate disrespect towards our facilities, staff, program materials, or other camp participants. Physical or verbal fighting, degrading, making fun of others, demeaning, or threatening other campers or staff will not be allowed. Any campers involved in these types of activities will be subject to discipline, and may be sent home for the day, suspended from camp, or removed from the program. Throughout the day, minor incidents will follow progressive discipline. A warning will be issued, then a timeout from activities, followed by a call home to parents.

#### Character Counts at the Y!

Campers are expected to practice and model the YMCA four core values at camp:

#### CARING

- We care about each other's feelings; we do not tease or make fun.
- We take care of the camp equipment so that others can enjoy it too.
- We care for the YMCA property by keeping it litter free, and by cleaning up after ourselves.
- We care about our bodies: NO smoking, alcohol, or drugs.
- We care for others by keeping our hands and feet to ourselves. We do not hit, kick, push, or play rough.

#### HONESTY

- We practice honesty by always telling the truth.
- We practice honesty by making sure everyone is treated fairly.
- We are honest with ourselves, and ask for help when we need it.
- We practice honesty by "doing the right thing" without being asked or told.

#### RESPECT

- We show respect by listening to our counselors and other staff members.
- We show respect by following directions the first time they are given.
- We show respect by speaking to each other nicely and using appropriate language.
- We show respect by asking before touching or taking someone else's belongings.

#### RESPONSIBILITY

- We show responsibility by coming to camp prepared for the day.
- We show responsibility by leaving unnecessary items at home when we come to camp.
- We show responsibility by staying with our groups where our counselors can see us.
- We show responsibility by asking permission if we need to leave our group for any reason.

When breaches of rules and regulations occur, it is the responsibility of YMCA staff to work with the camper & the camper's parent(s)/guardian(s) to help the camper correct their behavior. When determining the response for a specific breach of discipline, the Camp Director will consider the nature of the act, the camper's age and maturation, any mitigating circumstances, and the affect of his or her actions on the welfare of the YMCA summer day camp. The fact that a particular violation of good conduct is not specifically mentioned in the following pages is not a satisfactory defense for any improper conduct. It is simply impossible to list every action which is inconsistent with good character values and citizenship.



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We expect all campers to form the habit of not only observing the rules contained herein, but also the general rules of good conduct and common sense acknowledged by the community in which we live. Behaviors that may result in disciplinary action include but are not limited to:

- Fighting
- Swearing
- Bullying Behaviors (verbal, physical or written intimidation or threats, including “Cyber-bullying”)
- Running in hallways or multi-purpose rooms
- Shoving, pushing and/or other aggressive acts
- Disrespect for another person and/or property
- Harassment (verbal, physical, sexual)
- Washroom misbehavior (i.e., water throwing, climbing on toilets or hanging on stalls)
- Throwing of objects (i.e., rocks)
- Violation of playground limitations
- Vandalism
- Possession and/or use of matches, lighters, incendiary devices, and/or firecrackers
- Possession, use, control or transfer of a weapon. Weapons include, but are not limited to: 1) guns, explosive devices, any other item which is typically used to cause bodily harm or defined by law to be a weapon, including but not limited to knives, brass knuckles or billy clubs; 2) items such as baseball bats, pipes, bottles, locks, sticks, compasses, pencils and pens if used, or attempted to be used, to cause bodily harm; and 3) look-alike weapons and/or “toy” weapons. Possession and/or use of weapons may result in expulsion from camp. Camp administrators shall be required to refer any camper who brings a weapon to camp to the local law enforcement agency. If a camper sees a weapon on camp property, the child should NEVER touch the weapon. That child must go immediately to an adult and inform them about the location of the weapon.
- Possession and/or use of a cell phone, laser light, pager, or any other unauthorized use of an electronic communication devices.

Firearms or weapons of any kind are prohibited at all YMCA programs. “NO FIREARMS” signs are posted at each facility entrance, in accordance with Illinois State law. In the event of a major infraction of the rules, the Camp Director will contact a parent/guardian to discuss the issue and if warranted, make arrangements for the camper to be sent home. All parents and campers will be required to sign a Behavior Management Policy stating that they understand what type of behavior is expected of all children enrolled in the YMCA Teen REACH Day Camp Program.

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### GREATER JOLIET AREA YMCA MEMBER CODE OF CONDUCT

#### CARING

- I will demonstrate **CARING** by adopting an attitude of service toward others.
- I will be **CARING** by displaying a friendly and positive attitude.

#### HONESTY

- I will always be **HONEST**.
- I will demonstrate **HONESTY** by not allowing others to use my membership card.

#### RESPECT

- I will **RESPECT** the YMCA's and other people's property.
- I will show **RESPECT** for the YMCA by leaving the facility, program areas and materials provided by the YMCA in the same condition that I found it.
- I will **RESPECT** the YMCA by engaging in positive, constructive and lawful activities and events.
- I will show **RESPECT** to all individuals by choosing appropriate language and behavior.
- I will **RESPECT** others by not harming anyone in a physical, mental, verbal or unlawful manner.
- I will show **RESPECT** for my fellow members and Y staff by not talking on my cell phone in the locker rooms, wellness center or any other program areas.
- I will show **RESPECT** by wearing appropriate attire. I will not wear clothing that displays inappropriate language, writing or pictures.
- I will show **RESPECT** by listening to music via earphones only, at an appropriate volume and with language that will not offend others around me.

#### RESPONSIBILITY

- I will behave in a mature and **RESPONSIBLE** way, and **RESPECT** the rights and dignity of other members, YMCA staff and volunteers.
- I will always be **RESPONSIBLE** for all my actions, both good and bad, and I understand that my actions have consequences.
- I will be **RESPONSIBLE** for my own property. I will keep my belongings in my possession or secure them in a locker.
- I will demonstrate **RESPONSIBILITY** by not taking photographs or videotaping in the locker rooms or restrooms. I will demonstrate **RESPONSIBILITY** by not bringing alcohol, drugs, tobacco or other dangerous items to the YMCA.

#### TEEN REACH CAMP DIRECTOR CONTACT INFORMATION

Have a question that wasn't covered in this packet? Please feel free to contact the Teen REACH Camp Director!

Tori Dutkiewicz

[tdutkiewicz@jolietymca.org](mailto:tdutkiewicz@jolietymca.org)

815-744-3939 x307

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