

C.W. Avery Family YMCA Gym Schedule Summer 1 & 2 Session June 3 - Aug 11, 2024

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday					
Scheduled Programs & Classes										
Boot Camp 5:15-6:00am Court 1 & 2	**Open Adult** Pickleball 5:00-9:00am Court 2 (If Weather Permits Camp to be Outside)	Boot Camp 5:15-6:15am Court 1 & 2	Open Adult Basketball 6:00-9:00 Court 1 & 2	Boot Camp 5:15-6:15am Court 1 & 2	**Open Adult** Basketball 6:00-8:45am Court 1 & 2					
Open Adult Badminton 7am-9am Court 2(If Weather Permits Camp to be Outside)	Day Camp 9:00-4:30pm Court 2 (If Inclement Weather)	**Open Adult Pickleball** 7am-9pm Courts 1 & 2 9am-12pm Court 2 (If Weather Permits Camp to be Outside)	Day Camp 9:00-4:30pm Court 2 (If Inclement Weather)	Day Camp 9:00-4:30pm Court 2 (If Inclement Weather)	**Open Adult** Pickleball 9:30-11:30am Court 2					
Day Camp 9:00-4:30pm Court 2 (If Inclement Weather)		Day Camp 9:00-4:30pm Court 2 (If Inclement Weather)			**Open Adult** Basketball 7:00-9:00am Court 1 & 2					
	Sports Class 5:15-5:45pm Court 2	Sports Class 5:00-6:00pm Court 2								
Open Adult Pickleball 7:15-8:45pm Court 2		Sports Class 6:00-7:00pm Court 2								
Open Adult Basketball 9:00-9:45pm Court 2	Open High School Basketball 8:00-9:45pm Court 2	Open Adult Basketball 8:00-9:45pm Court 2	Open High School Basketball 8:00-9:45pm Court 2							

Shaded programs require pre-registration

**Programs require YMCA App reservations

Open Gym Schedule and Gym Rules on Back

ON RAIN DAYS, COURTS 1 & 2 WILL BE CLOSED DUE TO DAY CAMP & SPORTS CAMPS





C.W. Avery Family YMCA Gym Schedule Summer 1 & 2 Session June 3rd- Aug 11th, 2024

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
	Open Gym							
Court 1	5:00-5:15am 6:00am-9:45pm*	5:00am-9:45pm*	5:00-5:15am 6:15-7:00am 9:00am-9:45pm*	5:00-6:00am 9:00am-9:45pm*	5:00-5:15am 6:15am-9:45pm*	9:00am-5:30pm		
Court 2	5:00-5:15am 6:00am-7:00am 9:00am-7:15pm*	9:00am-5:00pm* 5:45-8:00pm	5:00-5:15am 6:15am-7:00am 12:00-5:00pm* 7:00-8:00pm	5:00-6:00am 9:00am- 8:00pm*	5:00-5:15am 6:15am-9:45pm*	11:30am-5:30pm		

Sunday: (Court 1) 9:00am-3:30pm

(Court2) 9:00am-3:30pm

*ON RAIN DAYS, COURTS 1 & 2 WILL BE CLOSED DUE TO DAY CAMP & SPORTS CAMPS

COURTS 1 & 2 WILL BE CLOSED ON THE FOLLOWING DATES FROM 12:45-4:15PM DUE TO SPORTS CAMP

WEEK 6 - JULY 8-12: VOLLEYBALL CAMP
WEEK 7 - JULY 15-19: VOLLEYBALL CAMP
WEEK 8 – JULY 22-26: FLOOR HOCKEY CAMP

WEEK 9 – JULY 29-AUGUST 2: BASKETBALL CAMP
WEEK 10 – AUGUST 5-9: BASKETBALL CAMP

*If camps are small enough to run on Court 2, then Court 1 will be open

Gym Rules - Including Track and Courts

BASKETBALL COURTS WILL CLOSE AT 9:45PM MONDAY THROUGH FRIDAY

BASKETBALL COURTS WILL CLOSE A HALF HOUR BEFORE YMCA CLOSES ON WEEKENDS

These rules apply to class participants as well as general users of the gym

This schedule is subject to change for days out of school, special events and event changes due to the weather!

- Only water is allowed in the gym No food, sports drinks, pop, etc.
- Only instructors may bring stereos and sound equipment in the gym
- Appropriate attire is required in the gym shorts, shirts, and shoes are mandatory
- For the safety of all of our members, ALL bags, coats and other belongings MUST be stored in the cubbies OR put in locker. The C.W. Avery Family YMCA recommends bringing a lock to secure personal belongings as the Y is not responsible for lost, stolen or broken items.
- Belongings are NOT allowed on the track or gym floor.
- Fighting will not be tolerated
- Hanging on basketball rims or nets will not be tolerated
- No full court games are allowed while classes are in progress. During times of high player traffic, when classes are in progress or at the staff member's discretion, full court games are not allowed
- Indoor Track is available for running and walking while gym curtains are down
- Full-Court/Half-Court Games: When more than 20 individuals occupy a basketball court, overflow participants may be asked to use the other side of the gym. When this occurs, no full-court or half-court games of any kind are allowed in the gym.
- Youth/Family Hoop Policy: During times of high traffic, at the discretion of the gym supervisor on duty, the Youth/Family Hoop Policy may go into effect. When this occurs, members will be asked to defer space on one hoop to groups with children ages 12 and under.

