

SWIMMING FURTHER FASTER

C.W. AVERY FAMILY YMCA POOL SCHEDULE



Summer 2 2024: Monday, July 8th – Sunday, August 11th

	FAMILY POOL SCHEDULE						
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN SWIM (LARGE SLIDES AND SPLASH PLAYGROUND)	12P-3:00P 5:40P-7:30P	12P-3:00P 5:40P-7:30P	12P-3:00P 5:40P-7:30P	12P-3:00P 5:40P-7:30P	12P-3:00P 4:30P-7:30P	12:00P-5:00P	12P-3:30P
SPLASH PLAYGROUND ONLY	9:30A-12:00P 4:30P-5:40P	9:30A-12:00P 4:30P-5:40P	9:30A-12:00P 4:30P-5:40P	9:30A-12:00P 4:30P-5:40P			
WATER VORTEX (OPEN TO ALL AGES)	10:30A-3P 6:00P-7:30P	10:30A-3P 6:00P-7:30P	10:30A-3P 6:00P-7:30P	10:30A-3P 6:00P-7:30P	12:00P-3:00P 5:30P-7:30P	12:00P - 5:00P	12P - 3:30P
WATER WALKING (ADULTS ONLY)	9:00A-10:30A 4:30P-6:00P	9:00A-10:30A 4:30P-6:00P	9:00A-10:30A 4:30P-6:00P	9:00A-10:30A 4:30P-6:00P	9:30A-12:00P 4:30P-5:30P	9:20A - 12:00P	
SWIM LESSONS	9:00A-12:00P 3:40P-5:40P	9:00A-12:00P 3:40P-5:40P	9:00A-12:00P 3:40P-5:40P	9:00A-12:00P 3:40P-5:40P		9:20A – 11:50A	
WATER FITNESS			9:30A-10:15A Instructor: Rhonda				

	LAP POOL SCHEDULE						
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
LAP SWIM	5:00A - 9:00P	5:00A - 9:00P	5:00A - 9:00P	5:00A - 9:00P	5:00A - 9:00P	6:00A - 5:30P	7A - 3:30P
LAP SWIM 15+	5:00P-8:00P	3:30P-7:30P	5:00P-8:00P	3:30P-7:30P		9:00A-11:00A	
OPEN SWIM	10:00A-3:30P 7:00P-9:00P	10:00A-3:30P 7:00P-9:00P	10:00A-3:30P 7:00P-9:00P	10:00A-3:30P 7:00P-9:00P	10:00A-9:00P	12:00P - 5:30P	8:00A-3:30P
SWIM LESSONS	9:00A-12:00P 2:00P-8:00P	9:00A-12:00P 2:00P-7:00P	9:00A-12:00P 2:00P-8:00P	9:00A-12:00P 2:00P-7:00P		9:20A – 12:00P	
WATER FITNESS	5:45A-6:30A Triathlon 101 by Mary ----- 9:00A-9:45A Instructor: Minerva	5A-6A & 6A-7A Master's ----- 9:00A-10:00A Instructor: Mariah	5:45A-6:30A Triathlon 101 by Mary	5-6A & 6A-7A Master's ----- 8:00A-8:45A Instructor: Minerva	8:30A-9:15A Instructor: Rhonda		7:00A-8:00A Master's Swim Club
JETS SWIM TEAM	6:30A-8:30A 5P-8:30P	7A-8:30A 3P-8:30P	6:30A-8:30A 5P-8:30P	7A-8:30A 3P-8:30P	6:30A-8:30A 5P-7P	7A-11A	

JETS practice M/W/F 6:30A-8:30A & M/W 5P-8:30P, T/TH 7A-8:30A, T/TH 3P-8:30P, Friday's 5P-7P, & Saturday 7-11A. EXPECT FEWER LAP LANES

Summer Day Camp swims in the Family Pool M-F 1P-3P: Expect a high volume of swimmers.

High School Swim Clinic will occupy 5 lanes 7/29-8/2 from 6A-8A

INTRODUCING: Lap Swim 15+. 1 dedicated lane. Circle swimming encouraged.

Please note there may be staff training and other events in the Lap Pool on various days

Parent/Guardian MUST be in the water within arms reach of ALL RED wristband swimmers.

C.W. AVERY FAMILY YMCA LAP POOL SCHEDULE
July 8th - August 11th

	MONDAY								TUESDAY								WEDNESDAY								THURSDAY								FRIDAY								SATURDAY								SUNDAY												
	L1	L2	L3	L4	L5	L6	L7	L8	L1	L2	L3	L4	L5	L6	L7	L8	L1	L2	L3	L4	L5	L6	L7	L8	L1	L2	L3	L4	L5	L6	L7	L8	L1	L2	L3	L4	L5	L6	L7	L8	L1	L2	L3	L4	L5	L6	L7	L8	L1	L2	L3	L4	L5	L6	L7	L8					
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**POOL
ACTIVITY KEY**

- Open Swim
- Lap Swim
- Jets Swim Team
- Navy
- Water Fitness
- Group Lessons
- Camp Lessons
- Lap Swim 15+

Please note: Lap swimmers will need to share lanes. Schedule is subject to change due to special events, and at lifeguard discretion.