

SWIMMING FURTHER FASTER

C.W. AVERY FAMILY YMCA POOL SCHEDULE



Fall 2 2024: Monday, September 30th- Sunday, November 3rd

	FAMILY POOL SCHEDULE						
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN SWIM (LARGE SLIDES AND SPLASH PLAYGROUND)	6:20P-8:00P	6:20P-8:00P	6:20P-8:00P	6:20P-8:00P	5:00P-8:00P	12:00P-5:00P	12:00P-3:30P
SPLASH PLAYGROUND ONLY	9:30A-12:00P 5:00P-6:20P	9:30A-12:00P 5:00P-6:20P	9:30A-12:00P 5:00P-6:20P	9:30A-12:00P 5:00P-6:20P	10:00A-12P		
WATER VORTEX (OPEN TO ALL AGES)	6P-8:00P	6P-7:15P	6P-8:00P	6P-7:15P	5:00P-8:00P	12:00P-5:00P	12:00P-3:30P
WATER WALKING (ADULTS ONLY)	9:30A-12:00P 4:30P-6P	9:30A-12:00P 4:30P-6P 7:15P-8:00P	10:15A-12:00P 4:30P-6P	9:30-12P 4:30P-6P 7:15P-8:00P	10:00A-12P	8:40A-12:00P	
GROUP SWIM LESSONS	9:30A-12:00P 4:30P-8:00P	9:30A-12:00P 4:30P-7:00P	4:30P-8:00P	9:30A-12:00P 4:30P-7:00P	-----	8:40A-12:00P	
WATER FITNESS			9:30A-10:15A Water Fitness by Rhonda				

	LAP POOL SCHEDULE						
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
LAP SWIM	5:00A-5:00P 8:00P-9:00P	5:00A-5:00P 8:00P-9:00P	5:00A-5:00P 8:00P-9:00P	5:00A-5:00P 7:00P-9:00P	5:00A-5:00P 8:30P-9:00P	6:00A-8:30A 12:00P-5:30P	7:00A-3:30P
LAP SWIM 15+	5:00P-8:00P	5:00P-8:00P	5:00P-8:00P	5:00P-7:00P	5:00P-8:30P	8:30A-12:00P	
OPEN SWIM	10:30A-3:00P 7:00P-9:00P	10:30A-3:00P 7:00P-9:00P	9:00A-3:00P 7:00P-9:00P	9:00A-3:00P 7:00P-9:00P	9:30A-9:00P	12:00P-5:30P	9:00A-3:30P
GROUP SWIM LESSONS	9:30A-12:00P 4:30P-8:00P	9:30A-12:00P 4:30P-7:00P	9:30A-12:00P 4:30-8:00P	9:30A-12:00P 4:30P-7:00P		8:40A-12:00P	
WATER FITNESS	5:45A-6:30A Triathlon 101 by Mary ----- 9:00A-9:45A Instructor: Minerva	5-6A & 6-7A Master's ----- **9:00-9:45A Water Fitness by Melissa	5:45A-6:30A Triathlon 101 by Mary	5A-6A & 6A-7A Master's ----- 8:00A-8:45A Deep Water Fitness by Minerva	8:30A-9:15A Water Fitness by Rhonda		7:00A-8:00A Master's Swim Club
JETS SWIM TEAM	5P-9P	5P-9P	5P-9P	5P-9P	5P-8:30P	8A-12P	
High School Swim Team	5:30A-6:30A 2:45p-5p	2:45p-5p	5:30A-6:30A 2:45p-5p	2:45p-5p	2:45p-5p	6A-8A	

H.S. Girls Swim Team practices 5:30A-6:30A on Monday & Wednesday and 2:45P-5P, Monday-Friday. Expect FEWER lap lanes.

JETS practice Monday- Thursday 5P-9P, Friday 5P-8:30P, and Saturday's 8A-12p. Expect FEWER Lanes.

High School Swim Meet on Friday, October 4th. The lap pool will be closed from 3:45P-7:45P.

**Water Fitness will be held on SELECT Tuesdays with Melissa. The class will run on 10/8, 10/15 & 10/29 from 9A-9:45A. Bolingbrook Fire Dept. training on Wednesday, October 2nd from 8:30A-12P in lanes 6-8.

Please look at the lap lane pool usage schedule to determine lane availability during high volume times.

C.W. AVERY FAMILY YMCA POOL SCHEDULE
9/30/2024-11/3/2024

	MONDAY								TUESDAY								WEDNESDAY								THURSDAY								FRIDAY								SATURDAY								SUNDAY															
	L1	L2	L3	L4	L5	L6	L7	L8	L1	L2	L3	L4	L5	L6	L7	L8	L1	L2	L3	L4	L5	L6	L7	L8	L1	L2	L3	L4	L5	L6	L7	L8	L1	L2	L3	L4	L5	L6	L7	L8	L1	L2	L3	L4	L5	L6	L7	L8	L1	L2	L3	L4	L5	L6	L7	L8	L1	L2	L3	L4	L5	L6	L7	L8
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**POOL
ACTIVITY KEY**

- Open Swim
- Lap Swim
- Jets Swim Team
- NAVY
- Water Fitness
- H.S Swim
- Lap Swim 15+
- Swim Lessons

Please note: Lap swimmers will need to share lanes. Schedule is subject to change due to special events, and at lifeguard discretion.