



# EXPAND YOUR WORLD

## Welcoming Week Activity Card

Learn to say  
"Hello"  
in five different  
languages.

Post a selfie  
on social media  
with an "I'm a  
Welcomer" sign.

Try a recipe from the  
"Taste of Belonging"  
Cookbook.  
([https://welcomingamerica.org/  
resource/taste-of-belonging-  
cookbook/](https://welcomingamerica.org/resource/taste-of-belonging-cookbook/))

Share on Instagram  
or Facebook stories using  
a Y "This is What Belonging  
Looks Like" sticker!  
#BelongingBeginsWithUs

Read a book  
written by or about  
an immigrant's story  
and share a quote  
on social media.

Support an  
immigrant-owned  
business.

Share a story  
on social media  
about your family's  
heritage or immigrant  
story and invite  
others to share.

Make a donation or  
volunteer with a local  
organization that supports  
immigrants  
and refugees.

Record a video clip  
celebrating a friend,  
neighbor or colleague  
who has made you  
feel welcome.

### Happy Welcoming Week at the Y!

We're excited you're here to connect with neighbors, both U.S. and foreign-born, and celebrate what unites us all as a community!

### Here are nine fun and easy ways

to expand your perspective and make your community a more welcoming place for all. **How many can you accomplish this week?**

Visit [www.ymca.net/welcomingweek](http://www.ymca.net/welcomingweek) to find helpful resources (including 'Welcome' sign templates) and share your completed activity card on social media using #WelcomingWeek, #YforAll and #BelongingBeginsWithUs.

**For a better us.®**



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