



Galowich Gym Schedule December 16-22

*Schedules are subject to change, please call ahead to confirm or check Facebook for adjusted times.
Gym Guidelines on back.*

East Court

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open Gym 5am-7:30pm	Open Gym 5am-10am	GYM CLOSED	GYM CLOSED	GYM CLOSED	Open Gym 7am-2:30pm
	Pickleball 10:15am-11:45am				
	Open Gym 12pm-5:45pm				
	Pickleball 6pm-7:30pm				

West Court

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open Gym 5am-8:30am	Open Gym 5am-10am	GYM CLOSED	GYM CLOSED	GYM CLOSED	Open Gym 7am-2:30pm
Fitness 9am-11am	Pickleball 10:15am-11:45am				
Open Gym 11am-7:30pm	Open Gym 12pm-5:45pm				
	Pickleball 6pm-7:30pm				

*The gym schedule will be modified on holidays, days out of school and community event days, including:
December 18-20 Gym Closed for Toys For Tots*

A PLACE WHERE YOU BELONG

Facility Schedule



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Gym Guidelines

- For the safety of all members and guests, all bags, coats and other belongings must be stored in cubbies or locked in lockers. The Galowich Family YMCA recommends bringing a lock to secure personal belongings as the Y is not responsible for lost, stolen or broken items.
- Only water is allowed in the gym– Please no food, sports drinks, pop, etc. Please pick up after yourself and discard or recycle in a container.
- Foul language and inappropriate behavior are unacceptable.
- Dunking and hanging on the rims is unacceptable.
- Children under the age of 10 must be accompanied by a family member 16 or older.
- Full court games are not allowed.
- Appropriate attire is required. Shirts and gym shoes are mandatory. Anyone without proper attire will be required to leave the gym.

Participants may be asked to leave the gym if not cooperating with these guidelines.