



## Galowich Gym Schedule December 23-December 29

*Schedules are subject to change, please call ahead to confirm or check Facebook for adjusted times.  
Gym Guidelines on back.*

### East Court

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open Gym 5am-7:00am	Open Gym 5am-10am	YMCA CLOSED	Open Gym 5am-7:00am	Open Gym 5am-7:00am	Open Gym 7am-2:30pm
	Pickleball 10:15am-11:45am				
	Open Gym 12pm-12:30pm				
Open Gym 6pm-7:30pm			Open Gym 6pm-7:30pm	Open Gym 6pm-7:30pm	

### West Court

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open Gym 5am-9:00am	Open Gym 5am-10am	YMCA CLOSED CLOSED	Open Gym 5am-9:00am	Open Gym 5am-9:00am	Open Gym 7am-2:30pm
	Pickleball 10:15am-11:45am				
	Open Gym 12pm-12:30pm				
Open Gym 4pm-7:30pm			Open Gym 4pm-7:30pm	Open Gym 4pm-7:30pm	

*The gym schedule will be modified on holidays, days out of school and community event days, including:  
**December 23, 26, 27***

# A PLACE WHERE YOU BELONG

## Facility Schedule



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

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### Gym Guidelines

- For the safety of all members and guests, all bags, coats and other belongings must be stored in cubbies or locked in lockers. The Galowich Family YMCA recommends bringing a lock to secure personal belongings as the Y is not responsible for lost, stolen or broken items.
- Only water is allowed in the gym– Please no food, sports drinks, pop, etc. Please pick up after yourself and discard or recycle in a container.
- Foul language and inappropriate behavior are unacceptable.
- Dunking and hanging on the rims is unacceptable.
- Children under the age of 10 must be accompanied by a family member 16 or older.
- Full court games are not allowed.
- Appropriate attire is required. Shirts and gym shoes are mandatory. Anyone without proper attire will be required to leave the gym.

**Participants may be asked to leave the gym if not cooperating with these guidelines.**