

# SWIMMING FURTHER FASTER

## C.W. AVERY FAMILY YMCA POOL SCHEDULE

Winter 2 2025: Monday, February 3rd – Sunday, March 9th



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

FAMILY POOL SCHEDULE							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>OPEN SWIM (LARGE SLIDES AND SPLASH PLAYGROUND)</b>	6:20P-8:00P	6:20P-8:00P	6:20P-8:00P	6:20P-8:00P	5:00P-8:00P	12:00P-5:00P	12:00P-3:30P
<b>SPLASH PLAYGROUND ONLY</b>	9:30A-12:00P 5:00P-6:20P	9:30A-12:00P 5:00P-6:20P	9:30A-12:00P 5:00P-6:20P	9:30A-12:00P 5:00P-6:20P	10:00A-12:00P		
<b>WATER VORTEX (OPEN TO ALL AGES)</b>	6:00P-8:00P	6:00P-7:15P	6:00P-8:00P	6:00P-7:15P	5:00P-8:00P	12:00P-5:00P	12:00P-3:30P
<b>WATER WALKING (ADULTS ONLY)</b>	9:30A-12:00P 4:30P-6:00P	9:30A-12:00P 4:30P-6:00P 7:15P-8:00P	9:30A-12:00P 4:30P-6:00P	9:30A-12:00P 4:30P-6:00P 7:15P-8:00P	10:00A-12:00P	8:40A-12:00P	
<b>GROUP SWIM LESSONS</b>	9:30A-12:00P 4:30P-6:20P	9:30A-12:00P 4:30P-6:20P	4:30P-6:20P	9:30A-12:00P 4:30P-6:20P	-----	8:40A-12:00P	-----
<b>WATER FITNESS</b>			9:30A-10:15A Water Fitness by Rhonda				

**H.S. Boys Swim Team practice**  
Mon-Fri 2:45P-5P,  
Sat 6A-8A. EXPECT FEWER LAP LANES.

**JETS practice**  
Mon-Thurs 5P-9P,  
Fri 5P-8:30P, and  
Sat 8A-12P. EXPECT FEWER LANES.

**Day out of School on**  
Monday February 17th and Friday February 28th from 9:30A-12P. EXPECT HIGHER VOLUME IN FAMILY POOL.

**Plainfield FD will utilize lane 6-8 on Monday February 24th, from 8:30A-11A.**

**Please review the lap lane pool usage schedule to determine lane availability during high volume times.**

LAP POOL SCHEDULE							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>LAP SWIM</b>	5:00A-4:30P 8:00P-9:00P	5:00A-4:30P 8:00P-9:00P	5:00A-4:30P 8:00P-9:00P	5:00A-4:30P 8:00P-9:00P	5:00A-5:00P 8:00P-9:00P	6:00A-8:30A 12:00P-5:30P	7:00A-3:30P
<b>LAP SWIM 15+</b>	4:30P-8:00P	4:30P-8:00P	4:30P-8:00P	4:30P-8:00P	5:00P-8:00P	8:30A-12:00P	
<b>OPEN SWIM</b>	10:00A-3:00P 7:00P-9:00P	10:00A-3:00P 7:00P-8:00P	9:00A-3:00P 7:00P-9:00P	9:00A-3:00P 7:00P-9:00P	9:30A-9:00P	12:00P-5:30P	9:00A-3:30P
<b>GROUP SWIM LESSONS</b>	9:30A-12:00P 4:30P-8:00P	9:30A-12:00P 4:30P-7:00P	9:30A-12:00P 4:30P-8:00P	9:30A-12:00P 4:30P-7:00P	-----	8:40A-12:00P	-----
<b>WATER FITNESS</b>	5:45A-6:30A Triathlon 101 by Mary  9:00A-9:45A Water Fitness by Minerva	5A-6A & 6A-7A Master's Swim  9:00A-9:45A Water Fitness by Janet	5:45A-6:30A Triathlon 101 by Mary	5A-6A & 6A-7A Master's Swim  8:00A-8:45A Deep Water Fitness by Minerva	5:30A-6:15A Master's Swim  8:30A-9:15A Water Fitness by Rhonda		7:00A-8:00A Master's Swim
<b>JETS SWIM TEAM</b>	5:00P-9:00P	5:00P-9:00P	5:00P-9:00P	5:00P-9:00P	5:00P-8:30P	8:00P-12:00P	
<b>High School Swim Team</b>	2:45P-5:00P	2:45P-5:00P	2:45P-5:00P	2:45P-5:00P	2:45P-5:00P	6:00A-8:00A	

**C.W. AVERY FAMILY YMCA POOL SCHEDULE**  
**2/3/2025-3/9/2025**

	Monday								Tuesday								Wednesday								Thursday								Friday								Saturday								Sunday															
	L1	L2	L3	L4	L5	L6	L7	L8	L1	L2	L3	L4	L5	L6	L7	L8	L1	L2	L3	L4	L5	L6	L7	L8	L1	L2	L3	L4	L5	L6	L7	L8	L1	L2	L3	L4	L5	L6	L7	L8	L1	L2	L3	L4	L5	L6	L7	L8	L1	L2	L3	L4	L5	L6	L7	L8	L1	L2	L3	L4	L5	L6	L7	L8
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**POOL  
ACTIVITY KEY**

- Open Swim
- Lap Swim
- Jets Swim Team
- NAVY
- Swim Lessons
- Water Fitness
- H.S Swim
- Lap Swim 15+

Please note: Lap swimmers will need to share lanes. Schedule is subject to change due to special events, and at lifeguard discretion.