

# SWIMMING FURTHER FASTER

## C.W. AVERY FAMILY YMCA POOL SCHEDULE



**SPRING 1 2025: Monday, March 10th – Sunday, April 20th**

	FAMILY POOL SCHEDULE						
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>OPEN SWIM (LARGE SLIDES AND SPLASH PLAYGROUND)</b>	6:20P-8:00P	6:20P-8:00P	6:20P-8:00P	6:20P-8:00P	5:00P-8:00P	12:00P-5:00P	12:00P-3:30P
<b>SPLASH PLAYGROUND ONLY</b>	9:30A-12:00P 5:00P-6:20P	9:30A-12:00P 5:00P-6:20P	9:30A-12:00P 5:00P-6:20P	9:30A-12:00P 5:00P-6:20P	10:00A-12:00P		
<b>WATER VORTEX (OPEN TO ALL AGES)</b>	6:00P-8:00P	6:00P-7:15P	6:00P-8:00P	6:00P-7:15P	5:00P-8:00P	12:00P-5:00P	12:00P-3:30P
<b>WATER WALKING (ADULTS ONLY)</b>	9:30A-12:00P 4:30P-6:00P	9:30A-12:00P 4:30P-6:00P 7:15P-8:00P	9:30A-12:00P 4:30P-6:00P	9:30A-12:00P 4:30P-6:00P 7:15P-8:00P	10:00A-12:00P	8:40A-12:00P	
<b>GROUP SWIM LESSONS</b>	9:30A-12:00P 4:30P-6:20P	9:30A-12:00P 4:30P-6:20P	4:30P-6:20P	9:30A-12:00P 4:30P-6:20P	-----	8:40A-12:00P	-----
<b>WATER FITNESS</b>			9:30A-10:15A Water Fitness by Rhonda				

**JETS practice Mon & Wed 3P-8:45P, Tues & Thurs & Fri 3P-8:30P, and Sat 7A-11a. EXPECT FEWER LANES.**

**JETS Swim Clinic Mon 3/17 - Wed 3/19 from 5P-7P. EXPECT FEWER LANES.**

**Day out of School on Friday April 18th from 9:30A-12P. EXPECT HIGHER VOLUME IN FAMILY POOL.**

	LAP POOL SCHEDULE						
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>LAP SWIM</b>	5:00A-4:30P 8:00P-9:00P	5:00A-4:30P 8:00P-9:00P	5:00A-4:30P 8:00P-9:00P	5:00A-4:30P 8:00P-9:00P	5:00A-5:00P 8:00P-9:00P	6:00A-8:30A 12:00P-5:30P	7:00A-3:30P
<b>LAP SWIM 15+</b>	5:00P-8:00P	5:00P-8:00P	5:00P-8:00P	5:00P-8:00P	5:00P-8:00P	8:30A-12:00P	
<b>OPEN SWIM</b>	10:00A-3:00P 7:00P-9:00P	10:00A-3:00P 7:00P-8:00P	9:00A-3:00P 7:00P-9:00P	9:00A-3:00P 7:00P-9:00P	9:30A-9:00P	12:00P-5:30P	9:00A-3:30P
<b>GROUP SWIM LESSONS</b>	9:30A-12:00P 4:30P-8:00P	9:30A-12:00P 4:30P-7:00P	9:30A-12:00P 4:30P-8:00P	9:30A-12:00P 4:30P-7:00P	-----	8:40A-12:00P	-----
<b>WATER FITNESS</b>	5:45A-6:30A Triathlon 101 by Mary  9:00A-9:45A Water Fitness by Minerva	5A-6A & 6A-7A Master's Swim  9:00A-9:45A Water Fitness by Janet	5:45A-6:30A Triathlon 101 by Mary	5A-6A & 6A-7A Master's Swim  8:00A-8:45A Deep Water Fitness by Minerva	5:30A-6:15A Master's Swim  8:30A-9:15A Water Fitness by Rhonda		7:00A-8:00A Master's Swim
<b>JETS SWIM TEAM</b>	3:00P-8:45P	3:00P-8:30P	3:00P-8:45P	3:00P-8:30P	3:00P-8:30P	7:00A-11:00A	

**Spring Break Schedule starts Monday March 31st-Sunday April 6th. NO GROUP LESSONS DURING THIS WEEK**

**YMCA Closed on Easter Sunday, April 20th.**

**Please review the lap lane pool usage schedule to determine lane availability during high volume times.**

## C.W. AVERY FAMILY YMCA POOL SCHEDULE 3/10/2025-4/20/2025

	Monday								Tuesday								Wednesday								Thursday								Friday								Saturday								Sunday																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																				
	L1	L2	L3	L4	L5	L6	L7	L8	L1	L2	L3	L4	L5	L6	L7	L8	L1	L2	L3	L4	L5	L6	L7	L8	L1	L2	L3	L4	L5	L6	L7	L8	L1	L2	L3	L4	L5	L6	L7	L8	L1	L2	L3	L4	L5	L6	L7	L8	L1	L2	L3	L4	L5	L6	L7	L8																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																													
5:00 AM																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																					

**Please note: Lap swimmers will need to share lanes. Schedule is subject to change due to special events, and at lifeguard discretion.**